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Complete all five activities to take the gold medal!

#### Did you know?

The first international modern Olympic Games took place in 1896 in Greece.

Rugby first appeared in the 1900 Olympic Games in Paris. It was played again in the 1908, 1920 and 1924 Games. However, rugby wouldn't feature in another Olympics until 2016!



In 1908, the Olympic rugby final was played on a dark and miserable day in October.

Imagine you are a weather reporter. Can you give a weather report for each of the seasons?

#### THIS WEEK'S THEME IS: Going for Gold!

#### **KS1 5-7 YEARS**



Get a family member to challenge you on our Six Nations Spelling Bee! How many tries and conversions can you score?



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Athletes need to think positively to achieve their goals. They have a picture of their goal in their minds and work hard to accomplish it.

Can you use the power of your mind to complete the mental maths calculations?



Using the storyboard sheet, can you create a short action story about the Greek God Zeus?





# Activity 5

Make a family member take the role of Coach Hades and feel the burn! Listen to their instructions and try to do as many of the below as you can.

- Star jumps
- Shuttle runs
  - Hopping

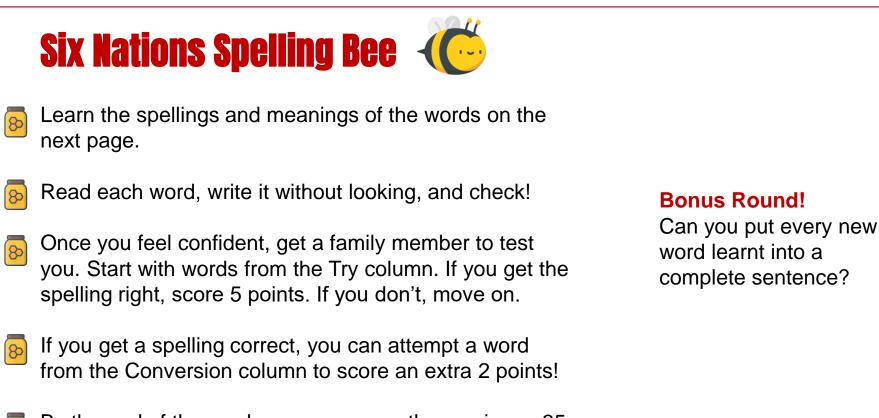


#### **KS1 5-7 YEARS**

### **THIS WEEK'S THEME IS: Going for Gold!**

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8



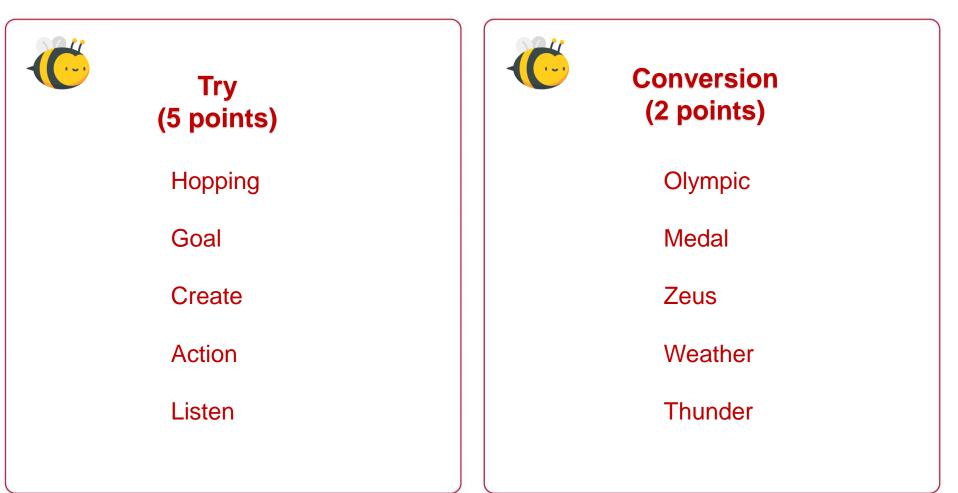
By the end of the week, can you score the maximum 35 points?

#### THIS WEEK'S THEME IS: Going for Gold!



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#### THIS WEEK'S THEME IS: Going for Gold!







In 1908, the Olympic rugby final was played on 26<sup>th</sup> October. It was a dark and miserable day. Conditions were terrible, thick fog and mud hindered play, and the ball became greasy and heavy after its many trips into the Olympic swimming pool next to the pitch!

Now, the Olympics are usually held in the summer. What are the other three seasons? What weather is associated with each time of year?

Deliver a weather report for each of the seasons. Try to give as much detail as possible.









#### Can you add up the number of medals in your head?

9 gold medals + 6 silver medals

30 bronze medals + 10 silver medals + 20 gold medals

12 gold medals + 7 bronze medals

22 bronze medals + 15 silver medals

4 gold medals + 8 silver medals

4 gold medals + 8 silver medals + 3 bronze medals

11 bronze medals + 6 gold medals

32 gold medals + 46 bronze medals

THIS WEEK'S THEME IS: Going for Gold!









The Greek Gods were very powerful but also felt human emotions, like love, anger and jealousy, and they did not always behave themselves.

They lived in a palace in the clouds where they kept an eye on people. They'd even interfere from time to time!

Zeus was king of the gods. He was best known for throwing thunderbolts at those who disobeyed him!

Use the storyboard on the next page to create a story about Zeus. If you don't have a printer, draw your own!

THIS WEEK'S THEME IS: Going for Gold!









Draw pictures in the grey box. Write your story in the pale red box.

<u>Scene 1</u>	<u>Scene 2</u>	<u>Scene 3</u>	<u>Scene 4</u>	<u>Scene 5</u>

THIS WEEK'S THEME IS: Going for Gold!